

## **Living your beautiful future now by Gary Bate**

Whatever you're perplexed by today, you can walk away from by fixing your attitude towards it. This is the key. Attitude is everything.

You have created a life for yourself, which you are now living. Believe it or not, you had a hand in that. It was by your own design and that was the case even before you got here (genetic destiny).

But let us not be too concerned by what has already happened, for that is the past that we are only caught in if we keep going back to it. The trick is to get the wisdom from it and move on...

In my past there was addiction, which was chemical but not substance. Often substance is taken to try and mask what is chemically driven. The secret is to stop the chemical flow by seeing the addiction at work in your life and often this requires you to fall on your own sword many times...

Fixing your mind and your attitudes are what moves you in the direction of your beautiful future.

Quantum physics is clear – all times exist now – so which time is your mind aligned with? Are you living in the past or are you in your beautiful future now?

It isn't the environment you are in; it's creating heaven within you. That's where JOY is.

When we own our emotional addictions; at first it's like a big chasm appears in our life: but if we stick with our newly found wisdom, eventually the hole gets filled in with truth, integrity and joy.

Never again do we ever want to be in such a controlled environment as this. We literally create our own insurance policy on the future by how we live now. We are the architects of our own futures and even those of us who are struggling, can fix their minds and their attitudes towards others.

The better environments exist in faster times (frequencies) and the faster frequencies exist at higher consciousness. To be there in your future is to cultivate the mind for there now. The understanding of death and what's beyond it, is critical as to whether or not you will be born again into this World.

There is not a single person in this World who cannot work on their attitudes and their emotional weaknesses. Stopping the daily diet of emotional trash on the TV is a good start. The evolutionary journey is not the preserve of the well-oiled; it's everyone's entitlement.

This 2 minute video will change your life, if you pay attention for just 2 minutes...

<https://www.youtube.com/watch?v=24xRbee11RY>

It doesn't matter who the messenger is, it's the message that counts...

Thanks Lucy I woke up this morning with this rattling in my brain :)

<https://www.youtube.com/watch?v=sSILNSWAXpo>

It's not what you do in this life; it's what you bring to it. Grace your own World. You are the grace. The adversity in this World is the necessary irritation that creates the pearls. The tyrants can steer the ship in this World, but my compass is pointing in a very different direction ~ Gary Bate.

<https://www.whatstress.com/>